

Little Ridge Intermediate Jan. 22-26 & Jan. 29-Feb. 2, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
22 Breakfast for Lunch – Breakfast Chicken, WG Biscuit, Scrambled Eggs, Potato Wedges, Grape Jelly, Butter, Ketchup, Assorted Fruit Canned, Milk *Chef Salad *Wildcat Munchable Snack	23 Sliced Turkey Breast, Sweet Potatoes, Steamed Broccoli, WG Roll, Chocolate Bear Cookies, Assorted Fresh Fruit, Milk *Chef Salad *Wildcat Munchable Snack	24 Chicken Fajita Bar - WG Tortilla Chips, Salsa, Cheese Sauce, Jalapenos, Black Beans, WG Animal Crackers, Assorted Fruit Canned, Milk *Chef Salad *Wildcat Munchable Snack	25 Pizza, Honey Carrot Coins, WG Brownie, Assorted Fresh Fruit, Milk *Chef Salad *Wildcat Munchable Snack	26 Barry's BBQ Pork w/ WG Bun, Baked Fries, Baked Beans, Ketchup, Pickles, Assorted Fruit Canned, Milk *Chef Salad *Wildcat Munchable Snack
Cinnamon Toast Crunch Pastry, Assorted Cereal, Assorted Fresh Fruit, Milk	WG Donut, Assorted Cereal, Assorted Fruit Juice, Milk	Chicken Biscuit, Assorted Cereal, Assorted Fresh Fruit, Milk	Yogurt/ Muffin, Assorted Cereal, Assorted Pop Tarts, Assorted Fruit Juice, Milk	Cinnamon Rolls, Assorted Cereal, Assorted Fruit, Milk
29 BBQ Chicken Strips, Steamed Broccoli, Mac & Cheese, WG Breadstick, WG Blueberry Muffin, Assorted Fresh Fruit, Milk *Chef Salad *Wildcat Munchable Snack	30 Roasted Chicken, Steamed Mixed Veggies, Black-Eyed Peas, WG Roll, Choc Bear Cookie, Ketchup, Assorted Fruit Canned, Milk *Chef Salad *Wildcat Munchable Snack	31 Homemade Chili, Grilled Cheese, WG Crackers, Shredded Cheese, Veggie Cup w/Lite Ranch, Assorted Fresh Fruit, Milk *Chef Salad *Wildcat Munchable Snack	1 Chicken Fajita Wrap - WG Flour Tortilla, Salsa, Shredded Cheese, Jalapenos, Steamed Corn, Black Beans, Assorted Fresh Fruit, Milk *Chef Salad *Wildcat Munchable Snack	2 Turkey/Cheese Sub, on WG Bun, Baked Fries, Baby Carrots, Ranch Dip, Ketchup, Mustard, Lite Mayo, Assorted Fruit Canned, Milk *Chef Salad *Wildcat Munchable Snack
Steak Biscuit, Assorted Cereal, Assorted Fresh Fruit, Milk	WG Donut, Assorted Cereal, Assorted Juice, Milk	Chicken Biscuit, Assorted Cereal, Assorted Pop Tarts, Assorted Fruit Canned, Milk	Assorted Waffles/ Syrup, Assorted Cereal, Assorted Fruit Juice, Milk	Yogurt/ Muffin, Assorted Cereal, Assorted Pop Tarts, Assorted Fruit Canned, Milk

*Low Fat & Fat Free Milk Offered Daily *Lite Ranch & Italian Salad Dressing Available Daily

*Menu subject to change due to shortages

****Apples provided by Crow Mtn. Farms***

Employee Meal Prices- Breakfast \$2.85 & Lunch \$4.35

****BBQ Pork provided by Barry's BBQ (Fyffe,Al)**

****This institution is an equal opportunity provider.**